

## MM-TI

### Miscarriage Management Training Initiative

## Vocal Local Case Studies

### *Vocal Local Case Study #1*

Jana is a married 39 year old with a 10 year old daughter. While she had not been using birth control for about 8 years, this pregnancy was a total surprise because she had given up on getting pregnant again. She was about 10 weeks when she miscarried and while she was initially unhappy about the pregnancy since her daughter is older, now she is quite sad about the loss.

She enjoys her profession a great deal and wants to keep working, but she now realizes that she can still get pregnant. She feels very guilty because she believes that if she had been more excited about the pregnancy, she might not have lost it. Her husband is home with their daughter and she has brought a friend who is in the waiting room. Jana is very emotional and crying quite hard when you walk into the room.

- 1) How will you open the conversation with Jana?
- 2) How will you introduce the concept of Vocal Local?
- 3) What other kinds of topics might you plan on discussing with Jana?
- 4) Whom else might you involve? What information might you want to share with the doctor?

### *Vocal Local Case Study #2*

Maureen is a married 25 year old with her first pregnancy which she is miscarrying at 7 weeks. She was thrilled about being pregnant and had announced it to all of her family and co-workers. Her husband is with her in the room and they are both very sad and quiet. Maureen has taken the maximum amount of medication offered, but is still quite anxious and fearful of the procedure. The first request she makes to the support person is for more pain medication before the procedure begins.

- 1) How will you open the conversation with Maureen?
- 2) How will you introduce the concept of Vocal Local?
- 3) What other kinds of topics might you plan on discussing with Maureen?
- 4) Whom else might you involve? What information might you want to share with the doctor?