

Minors Seeking Abortion in North Carolina

Anyone under the age of 18 who wants an abortion in North Carolina must:

- Get *written consent from a parent, guardian, or a grandparent with whom the minor has been living for 6 months prior to receiving abortion care prior to receiving abortion care*. The requirement can be waived in a medical emergency;¹
- Understand that there is a process called *judicial bypass which allows a minor to ask a judge for approval for an abortion instead of obtaining parental consent*. Most teens talk through obtaining an abortion with their parents or guardians. However, a teen may seek a judicial bypass for a number of reasons, including being the threat of violence in the home or if the pregnancy is a result of rape or incest. The judicial bypass process involves the teen filing a request with a local court for a confidential hearing before a judge. ²

If you are working with a minor who wishes to obtain judicial bypass instead of obtaining parental consent, contacting the clinic is the best first step. The clinic can help the minor navigate the judicial system and find an attorney. The clinic will walk the minor through the judicial bypass process, provide them with the required documentation, and give them information about filing a request with the court.

¹ N.C. Gen. Stat. §§ 90-21.7–.10; Guttmacher State Policies in Brief, Parental Involvement in Minor’s Abortion, Sept. 1, 2015, available at http://www.guttmacher.org/statecenter/spibs/spib_PIMA.pdf

² N.C. Gen. Stat. §§ 90-21.8.

