

## BARRIERS AND HUMANS WORKSHEET

### Instructions

For each health service listed across the top row, go down the list of potential barriers (left column) and put a check mark [✓] if the barrier applies.

*Example: looking at the first cell, if you consider finances a fairly common barrier to prenatal care, enter a check mark.*

Enter **two** check marks [✓✓] for:

- (a) barriers that are *very* common (affecting many, many women or girls)
- (b) barriers that can carry particularly serious consequences

TYPE OF BARRIER	Type of Reproductive Health Service				
	Prenatal Care	Infertility Services	Abortion	Contraception	STI / HIV Testing
Lack of knowledge about quality providers (“I don’t know where to go to get this.”)					
Finances					
Transportation/ Distance					
Fears about lack of Privacy					
Legal obstacles					
Age-Related (e.g., teenagers)					
Language (“I don’t speak English.”)					
Scorn, Harassment, Intimidation (from partners or others)					
Perceived or real discrimination [specify kind*]					
Immigration Status					

\* Based on gender, age, class, gender identity, religion, nationality, sexual orientation, physical disability, and/or other factor.

Once you complete this worksheet, wait for directions from the trainer on next steps.

